


CAPE COD DANCE CENTER

MARCH 2010



SUN	MON	TUE	WED	THU	FRI	SAT
<p>28</p> <p>Tibetan Heart Yoga 9:30-11am</p> <p>Master Classes: International Foxtrot 2-3 Argentine Tango 4-5</p>	<p>1</p> <p>AM Pilates 8:15-9:15</p> <p>Ballet 2 4-5 Ballet 4A 4-5 Ballet 4B 5-6:30 Pointes 6:30-7</p> <p>Ballroom Beg. 7:15-8:15 Ballroom Inter/Adv. 8:15-9:15</p>	<p>2</p> <p>AM Hatha Yoga 9:15-10:15</p> <p>Teen Hip Hop 3-4 Ballet 3 4-5 Ballet/Tap 4:15-5:15 Lyric/Jazz/Tap: 5:15-6:45 Ballet 6 5-6:45 Teen Lyrical 6:45-7:30; Teen Jazz 7:30-8:15</p>	<p>3</p> <p>AM Pilates 8:15-9:15</p> <p>Ballet 5:4:30-6 Ballet 4: 4:15-5:30 Ballet 6:6-7:30</p> <p>Ballroom Inter. 8-9</p>	<p>4</p> <p>AM Yoga/Pilates 7:45-8:45</p> <p>Ballet 1 4-5 Ballet/Tap: 4-5 Ballet/Tap 5-6 Ballet 3 5-6 Hip Hop 6-6:45 Adult Ballet 6-7 Adult Contemp. 7-8 Adult Hip Hop 8-8:45</p>	<p>5</p> <p>Ballet 4 4-5:30</p>	<p>6</p> <p>Tai Chi 8-8:45 Tot Tumble 10-10:45 Ballet 1 10-11 Tap 11:15-12 Pre-Ballet 11-11:45 Acrobatics 12-1 Ballet 5/6 1-3</p>
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Dancemeditation Workshop with Dunya I to 4pm